

OUR BIGGEST ISSUE EVER! | THE COLLAGEN CODE: UNCRACKING
THE ULTIMATE ANTI-AGING SECRET | WHEN DID SLEEP BECOME
SUCH A LUXURY? | THE NEW WAVE OF HIGH-TECH TREATMENTS

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Jordana Brewster:
This Is 40!
Makeup-Free
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Surgical Options

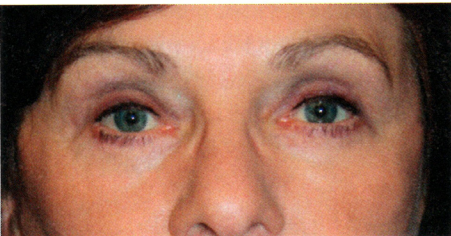
The last stop on the eye rejuvenation train, these procedures will have eyes looking younger, longer.

BEFORE



This 68-year-old patient was concerned about upper eyelid drooping and under-eye fullness.

AFTER



Denver facial plastic surgeon Brent J. Smith, MD treated her with an upper and lower blepharoplasty.

Blepharoplasty

UPPER: An upper blepharoplasty can reposition fat and muscle and reduce excess skin to correct the drooping and puffiness, making eyes look more open and alert. It can be done in the office and takes about one hour, with results lasting 10 to 15 years.

LOWER: The best surgical solution for persistent under-eye bags is a lower blepharoplasty. Typically, a small amount of fat and muscle is removed, and slack skin is tightened up. "The partial removal or repositioning of lower eyelid fat bags is performed either through the inside of the lower eyelid-the transconjunctival approach-or directly," says Eugene, OR plastic surgeon Mark Jewell, MD. Dr. Petroff adds, "A lower blepharoplasty will eliminate the shadowy look by getting rid of the fat bulge under the eye."

BEFORE



Wanting to refresh "tired-looking" eyes, this 50-year-old patient sought Dr. Asaadi for a combination surgery.

AFTER



Dr. Asaadi performed a bilateral upper and lower blepharoplasty with festoon correction.

Festoons

Festoons, aka malar bags, are genetic conditions that present as puffy bags below the lower eyelids and above the cheeks, and can look similar to dark circles. This results in an older-looking appearance, which New York plastic surgeon Mokhtar Asaadi, MD says occurs due to a loss of underlying muscle tone. "Everyone thinks festoons are caused by fluid collection, but in 80 percent of patients with malar bags, it's also because of the lower lid muscle laxity. You must also address the orbicularis muscle." To treat the bags, he first evaluates the cause: "If excess fat is a contributing factor, then the fat deposits underneath the skin must be surgically removed. If the cause is lax muscles, then the ligaments of the surrounding eye muscles must be released and the eye muscles need to be tightened to reduce puffiness."

Combination Procedures

No two eye concerns are the same, and many patients may need both upper and lower eyelid surgery to get a bright-eyed result. "The ultimate goal is to create a more youthful-looking eye that has a natural crease that fits their anatomy. And everyone's anatomy is different. There's not one eye procedure that fits all," Dr. Petroff says.

"You must address the orbicularis muscle."

-Dr. Asaadi