

DR. MOKHTAR ASAADI

ASAADI PLASTIC SURGERY
NEW YORK, NEW YORK
WEST ORANGE, NEW JERSEY

ON

IT'S ALL ABOUT THE EYES

Double board-certified plastic surgeon Dr. Mokhtar Asaadi says his biggest critic is himself, and he wouldn't have it any other way. His philosophy: "If you are a perfectionist and you want to get the best results for your patients, you have to find better ways to achieve their goals. If something isn't right, do it again until it is perfect. Patients appreciate the extra time you spend." Patient safety is also of utmost importance to Dr. Asaadi. "Cosmetic surgery is elective surgery; there's no way I'd ever compromise a patient's well-being. During surgery, we are constantly monitoring our patients and we perform procedures in hospital settings when they require more than four hours," he says. "There are never any shortcuts."

Honesty, accuracy and meticulous attention to detail.

WHO I AM

1.

WHAT IS YOUR SURGICAL NICHE?

The surgical correction of difficult eyelids, festoons and malar bags

2.

WHICH PROCEDURE HAS HELPED DEFINE YOUR CAREER?

Lower blepharoplasty and the correction of the festoons (malar bags); it's one of the most difficult procedures because it requires skill, expertise, detailed knowledge of the periorbital area and an artistic ability that yields amazing results when done right

3.

WHAT TREND DO YOU THINK PEOPLE STILL DON'T GET?

Patients are looking for magic bullets and miracles! They want the best results with no downtime. I always tell them as a general rule that more aggressive treatments have longer recovery times but better results. I spend a lot of time with every patient to know exactly what they want while considering their lifestyle

4.

WHAT NEW SERVICES ARE YOU EXCITED TO OFFER?

Nonsurgical rejuvenation of the eyelids and face with the use of Botox Cosmetic, dermal fillers, laser skin resurfacing and chemical peels

5.

WHAT IS YOUR MOST REQUESTED PROCEDURE?

Blepharoplasty

6.

WHAT DO YOU THINK IS THE MOST EXCITING THING GOING ON IN THE FIELD RIGHT NOW?

The benefits of combining fillers or fat grafting with a facelift

7.

HOW DO YOU MANAGE PATIENT EXPECTATIONS?

Always telling my patients the truth so they have realistic expectations



PREPARING FOR A SPECIAL EVENT

This 55-year-old patient sought Dr. Asaadi to correct her festoons (under-eye bags) before her daughter's wedding. He performed an upper and lower blepharoplasty, a browpexy and a mid-facelift.

PHOTOGRAPH BY: JONATHAN BECKERMAN

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THREE WORDS THAT BEST DESCRIBE ME

Perfectionist, honest, passionate

HOW I WOULD SPEND EXTRA TIME IN THE DAY

Spend more time with my wonderful family



ABOUT DR. ASAADI

Dr. Asaadi completed his post-doctoral training at Sloan Kettering Hospital in New York, Southern Illinois University, Manhattan Eye, Ear and Throat Hospital and St. Barnabas Medical Center in New Jersey, where he currently serves as chairman of the plastic surgery department.

MY CREDENTIALS

Medical Degree
Pahlavi University
Medical School

Board Certification
American Board
of Plastic Surgery

American Board of Surgery

CONTACT

Visit the doctor's gallery of **before-and-after** photos at:
newbeauty.com/asaadi

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A FEW OF MY SPECIALTIES...

- Blepharoplasty
- Correction of Festoons / Malar Bags
- Open / Closed Rhinoplasty
- Facelift
- Necklift
- Facelift With Fat Transfer
- Otoplasty
- Breast Augmentation With Implants / Fat Transfer
- "MASTERTUCK" VASER®
- Ultrasound Liposuction
- "CORESM Abdominoplasty"
- Breast Reduction
- Breast Lift
- Nonsurgical Facial Rejuvenation
- Botox® Cosmetic / Fillers
- Platelet-Rich Plasma (PRP)
- Kybella®
- Laser Skin Resurfacing
- Ultherapy®
- Brachioplasty (Arm Lift)
- Bodylift