

REFRESH YOUR LOOK

By

DR. MOKHTAR ASAADI

ASAADI PLASTIC SURGERY
NEW YORK, NEW YORK
WEST ORANGE, NEW JERSEY

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ouble board-certified plastic surgeon Dr. Mokhtar Asaadi says his biggest critic is himself, and he wouldn't have it any other way. His philosophy: "If you are a perfectionist and you want to get the best results for your patients, you have to find better ways to achieve their goals. If something isn't right, do it again until it is perfect. Patients appreciate the extra time you spend." Patient safety is also of utmost importance to Dr. Asaadi. "Cosmetic surgery is elective surgery; there's no way I'd ever compromise a patient's well-being. During surgery, we are constantly monitoring our patients and we perform procedures in hospital settings when they require more than four hours," he says. "There are never any shortcuts."

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Honesty, accuracy and a meticulous attention to detail.”

WHO I AM

1.

WHAT IS YOUR SURGICAL NICHE?

The surgical correction of difficult eyelids, festoons and malar bags

2.

WHAT IS THE ONE THING YOUR PRACTICE OFFERS THAT IS REALLY UNIQUE?

We offer a "CORE Abdominoplasty" procedure that restores and repairs abdominal muscles during a tummy tuck, which is different than the traditional way muscles are repaired. This really helps patients with chronic lower back pain. We also use VASER ultrasound liposuction to get rid of fat and our "MASTERTUCK" treatment to tighten skin, which is perfect for candidates who do not need a surgical tummy tuck

3.

WHAT NEW SERVICES ARE YOU EXCITED TO OFFER?

Nonsurgical rejuvenation of the eyelids and face with the use of Botox Cosmetic, dermal fillers, laser skin resurfacing and chemical peels

4.

WHAT ONE SURGICAL ADVANCEMENT ARE YOU MOST EXCITED ABOUT RIGHT NOW?

Breast augmentations without the risk of capsular contracture

5.

WHY DO YOU PLACE A STRONG EMPHASIS ON BODY CONTOURING?

It changes people's lives!

6.

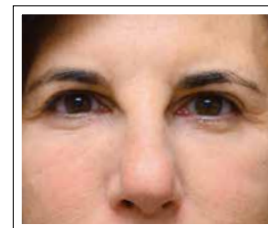
WHAT DO YOU THINK IS THE MOST EXCITING THING GOING ON IN THE FIELD RIGHT NOW?

The benefits of adding fillers or fat grafting in combination with a facelift

7.

HOW DO YOU MANAGE PATIENT EXPECTATIONS?

Always telling my patients the truth so they have realistic expectations



Preparing for a Special Event

This 55-year-old patient sought Dr. Asaadi to correct her festoons (under-eye bags) before her daughter's wedding. He performed an upper and lower blepharoplasty, a browpexy and a mid-facelift.

THREE WORDS THAT BEST DESCRIBE ME

Perfectionist, honest, passionate

HOW I WOULD SPEND EXTRA TIME IN THE DAY

Spend more time with my wonderful family

ABOUT DR. ASAADI

Dr. Asaadi completed his post-doctoral training at Sloan Kettering Hospital in New York, Southern Illinois University, Manhattan Eye, Ear and Throat Hospital and St. Barnabas Medical Center in New Jersey, where he currently serves as chairman of the plastic surgery department.



MY CREDENTIALS

Medical Degree
Pahlavi University
Medical School

Board Certification
American Board
of Plastic Surgery

American Board of Surgery

CONNECT

Visit the doctor's gallery of **before-and-after** photos at: newbeauty.com/asaadi

Locations

New York, New York
West Orange, New Jersey

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A FEW OF MY SPECIALTIES...

Blepharoplasty
Correction of Festoons / Malar Bags
Open / Closed Rhinoplasty
Facelift / Necklift / Facelift With Fat Transfer
Otoplasty
Breast Augmentation With Implants / Fat Transfer
"MASTERTUCK" VASER® Ultrasound Liposuction
"CORE" Abdominoplasty
Breast Reduction / Lift
Nonsurgical Facial Rejuvenation
Botox® Cosmetic / Fillers
Platelet-Rich Plasma (PRP)
Kybella®
Laser Skin Resurfacing
Ultherapy®
Brachioplasty (Arm Lift)
Bodylift