

FACE-TO-FACE WITH A MAFIA HITMAN • TRADITIONAL KITCHENS  
DINING IN HISTORIC INNS • A GAY COUPLE'S FIGHT TO ADOPT A FAMILY

# New Jersey

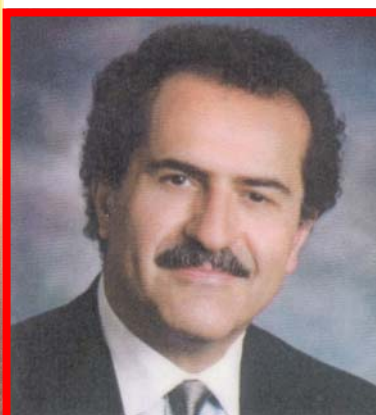
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## MONTHLY

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# 21 fall day trips

festivals,  
cranberries,  
crafts, schooners,  
cider, pumpkins,  
pies, haunted houses,  
history, hiking,  
biking, and more



Mokhtar Asaadi, M.D., F.A.C.S., P.A.,  
member of American Society of Plastic  
Surgeons and The American Society for  
Aesthetic Plastic Surgery

### OPEN RHINOPLASTY

One of the most common elective plastic surgery procedures is rhinoplasty, or a nose job. According to Mokhtar Asaadi, MD, FACS, a board-certified plastic surgeon in West Orange, about 8% of those who choose rhinoplasty may someday require revision rhinoplasty to correct either function, aesthetics, or both. Over the past 10 years Dr. Asaadi has been using a technique called open rhinoplasty.

Open rhinoplasty itself has been around much longer than 10 years, but only recently gained favor with surgeons. An incision is made outside the lower part of the nose between the nostrils (columella). "Open rhinoplasty can precisely correct the deformity of the tip of the nose. The technique involves lifting up the skin to view the cartilage and modifying it so that we can create an aesthetically pleasing and well functioning nose."

"About 80% of my revision rhinoplasty patients are younger women, between the ages of 30 and 50," he reports. In general, Dr. Asaadi reports that his patients are extremely well educated about rhinoplasty prior to the consultation day. "The Internet has helped immensely," he says. Even so, he can further enlighten them on the prospect of improving the nose. "Perhaps the tip is too wide, or the nostrils are asymmetrical," he explains. Rather than relying on computer imaging, Dr. Asaadi prefers to do his own manual drawings to illustrate an outcome.

