



DR. MOKHTAR ASAADI

OPERATING ROOM STYLE Serious
ALTERNATIVE OCCUPATION Architect
HOBBIES Skiing **PLACE YOU GO TO ESCAPE THE OFFICE** The gym or on a long vacation
FRAMED PHOTOS ON YOUR DESK My wife and kids **PRO BONO WORK** Reconstruction procedures for burn victims **I WOULD LOVE TO OWN** A ranch house in the mountains
ANTI-AGING ADVICE Stay active and quit smoking

“My perfectionist nature serves patients well.”

—MOKHTAR ASAADI, MD, FACS

POLISHED PROFILES

It is widely accepted that rhinoplasty is a technically demanding aesthetic surgery procedure. Because of its inherent complexity, Dr. Asaadi employs a meticulous approach, envisioning what steps he will take to ensure a quality result before ever stepping foot into the operating room. “Every dimension and proportion must be planned ahead of time,” he says. “Patients are often under the mistaken notion that amending a portion of their nose, such as **ELIMINATING A HUMP**, lowering the tip or **NARROWING THE NOSTRILS**, will ‘fix’ their concerns,” Dr. Asaadi explains. “Every part of the nose necessarily influences the other—not only aesthetically, but functionally. The goal is to achieve a sense of balance and proportion.” Frequently called upon to perform revision rhinoplasty procedures, Dr. Asaadi appreciates the trust his patients instill in him. “Surgery of the nose involves more than just enhancing a feature—it involves changing it. Vigilance is a must when it comes to selecting a surgeon. Interview the doctor carefully to be sure you are in **EXPERIENCED HANDS**. Find someone **DEDICATED TO THE PURSUIT OF PERFECTION** so you won’t have to face a second operation.”

INSIDE INFORMATION

aesthetic endeavors

One of Dr. Mokhtar Asaadi’s favorite sayings is, “You can’t hide fire under the ashes.” In other words, “Everything you do will eventually show.” This adage provides insight into his philosophy and reflects the practice he has scrupulously built over the last 25 years. “My approach is one of extreme due diligence, customized to each individual patient,” says Dr. Asaadi.

A specialist in plastic surgery of the face, breast and body, 90 percent of Dr. Asaadi’s patients are referral based, and 50 percent are repeat patients—testaments to his high regard for patients’ satisfaction, comfort and assurance in his abilities. Dr. Asaadi attributes his ongoing success to a penchant for precision, a dedication to continually refining his techniques and approaching every surgery physically and mentally prepared to do his very best. “I seek perfection. It’s the only way I know to get great results.” According to Dr. Asaadi, almost everything he does today is different than how he was taught during his early training. While the principles remain relatively the same, the details have changed to such an extent; he has modified almost every procedure to evolve his skill set in accordance with the demands of new-age innovations.

“You have to be critical of yourself and let your curiosity keep you in a mode of continual improvement,” he says. In terms of preparing for surgery, Dr. Asaadi is extremely proactive. “I make sure to get a good night’s sleep. Peak performance is impossible if you are troubled or tired,” he says. “Every patient deserves my 100 percent best efforts and talent, whether I’m removing a small mole, performing a tummy tuck or enhancing the female form through breast surgery.”

BOARD CERTIFICATION

American Board of Plastic Surgery
 American Board of Surgery

MEDICAL DEGREE

Pahlavi University Medical School

INTERNAL MEDICINE RESIDENCY

Pahlavi University Medical School

GENERAL AND PLASTIC SURGERY RESIDENCY

St. Barnabas Medical Center

MICROSURGERY FELLOWSHIP

Southern Illinois University
 School of Medicine

AESTHETIC SURGERY FELLOWSHIP

Manhattan Eye, Ear and Throat Hospital

AFFILIATIONS

American Medical Association
 American Society for Aesthetic Plastic Surgery
 American Society of Plastic Surgeons
 Fellow, American College of Surgeons
 Fellow, International College of Surgeons

AREAS OF EXPERTISE

Body Contouring (Liposuction and Tummy Tuck)
 Breast Enlargement/Reduction
 Face and Eyelid Surgery
 Nasal Surgery (Rhinoplasty)
 Nonsurgical Facial Enhancement

LOCATIONS

New York, New York
 West Orange, New Jersey
 973.731.7000

WEB SITE

www.asaadiplasticsurgery.com