

Dr. Mokhtar Asaadi

Asaadi Plastic Surgery

New York, New York

West Orange, New Jersey

ASK DR. ASAADI

TO WHAT FACTORS DO YOU ATTRIBUTE YOUR ONGOING SUCCESS?

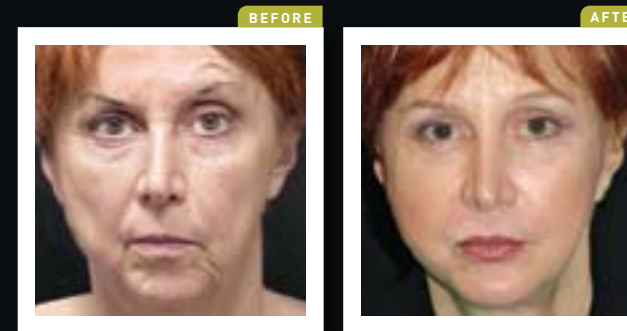
I have a penchant for precision, a dedication to continually refining my techniques and approaching every surgery physically and mentally prepared to do my very best. I feel that by being critical of myself, I let my curiosity keep me in a mode of continual improvement. In other words, I seek perfection. It's the only way I know how to get great results.

HOW HAVE YOU MODIFIED YOUR TECHNIQUES TO REMAIN UP TO DATE?

Almost everything I do today is different than how I was taught during my early training. While the principles remain relatively the same, the details have changed to such an extent; I have therefore modified almost every procedure to evolve my skill set in accordance with the demands of new-age innovations.

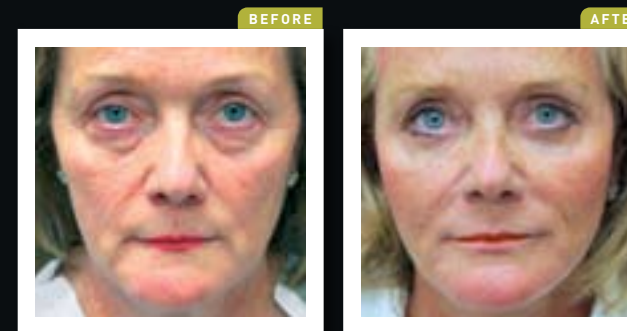
Polished profiles

It is widely accepted that rhinoplasty is a technically demanding surgery. Because of its complexity, Dr. Asaadi employs a meticulous approach, envisioning what steps he will take to ensure a quality result before stepping foot into the operating room. "Every dimension and proportion is planned ahead of time. Patients are often under the mistaken notion that amending a portion of their nose will 'fix' their concerns. Every part of the nose necessarily influences the other—not only aesthetically, but functionally. The goal is to achieve a sense of balance and proportion." Frequently called upon to perform revision rhinoplasty procedures, Dr. Asaadi appreciates the trust his patients instill in him. "Surgery of the nose involves more than just enhancing a feature—it involves changing it. Vigilance is a must when it comes to selecting a surgeon. Interview the doctor carefully and find someone dedicated to the pursuit of perfection."



AESTHETIC ENDEAVORS

In an effort to improve her self-esteem, this 66-year-old sought out Dr. Asaadi. "I felt that she would benefit from eyelid surgery, chin augmentation, facelift and necklift surgery, along with dermabrasion," he says of his recommended treatment plan. "Many times it takes more than one procedure to achieve the look you're going for."



TRIED AND TRUE

Dr. Asaadi was ever intent on achieving improved contours throughout this patient's face. Dr. Asaadi therefore performed both an upper and lower blepharoplasty, muscle elevation to correct upper eyelid droopiness, as well as a face-, neck- and browlift, rhinoplasty and Botox® injections. "Together the results revived her formerly aged, withdrawn features."

“my perfectionist nature serves patients well”

MEET THE EXPERT

Dr. Mokhtar Asaadi

American Board of Plastic Surgery
American Board of Surgery

SERVICES OFFERED

Body Contouring
(Liposuction and Tummy Tuck)
Breast
Enlargement/Reduction
Face and Eyelid Surgery
Nasal Surgery (Rhinoplasty)
Nonsurgical
Facial Enhancement

ABOUT DR. ASAADI

HOW WOULD YOU DESCRIBE YOUR OPERATING ROOM STYLE?

Serious.

WHAT ALTERNATIVE OCCUPATION WOULD YOU CHOOSE?

I'd be an architect.

WHAT ANTI-AGING ADVICE WOULD YOU PASS ALONG TO OUR READERS?

Stay active and quit smoking.

WHAT PRO BONO WORK DO YOU PERFORM?

I provide reconstruction surgeries for burn victims.


DO YOU HAVE ANY PRE-SURGICAL RITUALS THAT HELP YOU PREPARE FOR AN UPCOMING PROCEDURE?

I make sure to get a good night's sleep. Peak performance is impossible if you are troubled or tired. Every patient deserves my 100-percent best efforts and talent, whether I'm removing a small mole, performing a tummy tuck or enhancing the female form through breast surgery.

MEDICAL DEGREE
Pahlavi University Medical School

LOCATIONS
New York, New York
West Orange, New Jersey

CONTACT
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 To learn more about the practice visit asaadiplasticsurgery.com